



# Family Home Evening

## *Principles of the Gospel*

LESSON 6

# The Fall of Adam and Eve

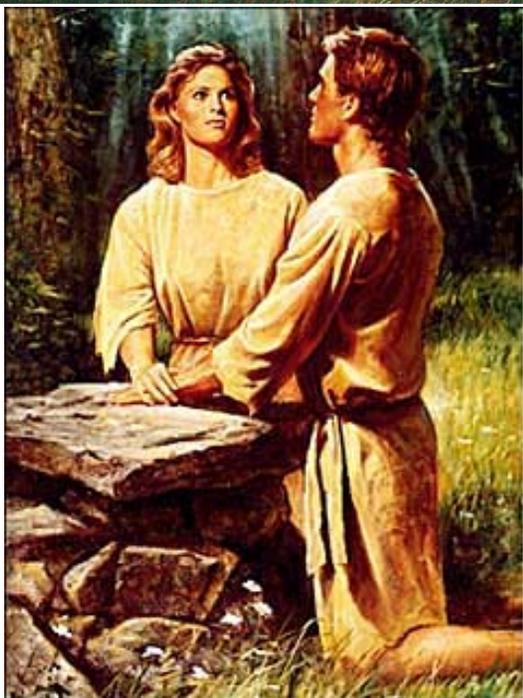
**Mondays has been set aside by Church Leaders as "Family Home Evening".**

Family home evening is a special time set aside each week that brings family members together and strengthens their love for each other, helps them draw closer to Heavenly Father, and encourages them to live righteously.

“We call upon parents to devote their best efforts to the teaching and rearing of their children in gospel principles which will keep them close to the Church. The home is the basis of a righteous life, and no other instrumentality can take its place or fulfill its essential functions in carrying forward this God-given responsibility. We counsel parents and children to give highest priority to family prayer, family home evening, gospel study and instruction, and wholesome family activities.”

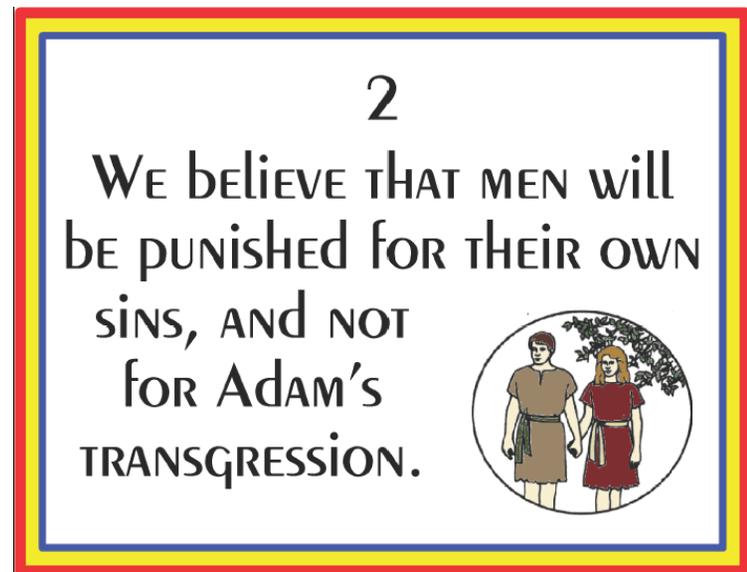
Letter from the First Presidency  
11 February 1999

**Nellis Manor Ward  
North Las Vegas Nevada Stake**



## FHE Agenda

Opening Song:	Children's Songbook # 4 <i>I Lived in Heaven</i> (found on page 6)
Invocation (opening prayer)	
Praise Achievement	A moment of recognizing achievements and receiving enthusiastic support from each other.
Scripture	Moses 5:11 (page 32) (found on page 3)
Lesson	Summarize Lesson 6 from <i>Gospel Principles</i> manual (sample on page 3),
Activity	Try to recognize what each picture from <i>Old Testament Stories</i> , chapter 3 (found on Pages 4-5), is trying to describe.
Picture	Gospel Art Picture Kit # 119 Adam and Eve Knelling at an Altar (both found on page 8)
Memorize (for older children & adults)	Articles of Faith 2 (found on page 7)
Closing Song	Children's Songbook # 4 <i>I Lived in Heaven</i> (found on page 6)
Benediction (closing prayer)	
Refreshments	Adam's Dirt Cookies (recipe on page 7)



### Adam's Dirt Cookies

These cookies look like they're made with dirt. Remember, Adam was made from dust of the earth!

Prep Time: approx. 10 Minutes. Cook Time: approx. 10 Minutes. Makes 4 dozen

#### Ingredients

2-1/4 cups all-purpose flour  
1 teaspoon baking soda  
1 teaspoon salt  
1 cup white sugar  
1/2 cup packed brown sugar  
1 cup butter, softened  
2 eggs  
1 teaspoon vanilla extract  
1-1/2 cups chocolate sandwich cookie crumbs

(Recipe: <http://www.homemakingcottage.com/fhe/FHETreatbook.htm>)

#### Directions

1 Sift together the flour, baking soda and salt. Set aside. In a medium bowl, cream the white sugar, brown sugar, and the butter together until smooth. Stir in the eggs and vanilla. Add the flour mixture, and stir until just combined. Stir the crushed cookies into the dough. Cover and chill the dough for 1/2 hour.

2 Preheat the oven to 375 degrees F (190 degrees C). Grease cookie sheets.

3 Drop dough by rounded spoonfuls onto the prepared cookie sheet. Bake for 10 to 11 minutes in the preheated oven. Remove to cool on wire racks.

# I Lived in Heaven

Simply ♩ = 48-58

1. I lived in heav-en a long time a-go, it is true;  
 2. Fa-ther said he need-ed some-one who had e-nough love  
 3. Je-sus was cho-sen, and as the Mes-si-ah he came,

Lived there and loved there with peo-ple I know. So did you.  
 To give his life so we all could re-turn there a-bove.  
 Con-quer-ing e-vil and death through his glo-ri-ous name,

Then Heav'n-ly Fa-ther pre-sent-ed a beau-ti-ful plan,  
 There was an-oth-er who sought for the hon-or di-vine.  
 Giv-ing us hope of a won-der-ful life yet to be

All a-bout earth and e-ter-nal sal-va-tion for man.  
 Je-sus said, "Fa-ther, send me, and the glo-ry be thine."  
 Home in that heav-en where Fa-ther is wait-ing for me.

(c) 1987 by Janeen Jacobs Brady.  
 This music may be copied and downloaded for incidental, noncommercial church or home use.

As God created this world, He took two of His noble spirit children and had them come to this earth to be the first people on this earth, and the first parents. One of these spirit children was Michael the Archangel, who once he came to earth, was known as Adam. Eve is the mother of all living (see Moses 4:26). Eve was given to Adam since it is not good for man to be alone (see Moses 3:18). As his wife and his partner, Eve shared both Adam’s responsibilities, and his eternal blessings.

When Adam & Eve were first placed in the Garden of Eden, they were not mortal. This means they would never die. It also prevented them from having children. They had physical life since their spirits were in a physical body. They also had spiritual life because they were in the presence of God. They also had not made a choice between good and evil.

God gave them dominion over the earth and commanded them to have children. He also told them they could eat of any tree they wanted except the tree of knowledge of good and evil. He warned them that if they did, they would surely die.

Satan didn’t understand God’s mind. However, Satan wanted to mess up God’s plan. So he came to Eve in the Garden of Eden and tempted her to eat the fruit of the tree of knowledge of good and evil. They wouldn’t die, he told them, but they would “be as the gods, knowing good and evil.” (Moses 4:11). Eve yielded to the temptation and ate the fruit. After learning what happened, Adam chose to partake also. The things that happened to Adam & Eve (and everything else) because they ate the fruit is called “the fall”.

People like to condemn Adam and Eve for what they did, believing that they committed a serious sin by eating the fruit of the tree of knowledge of good and evil. We learn through latter-day scripture, however, that their fall was a necessary step in the plan salvation. It brought great blessings for us; physical bodies, the right to choose between good and evil, and the opportunity to gain eternal life.

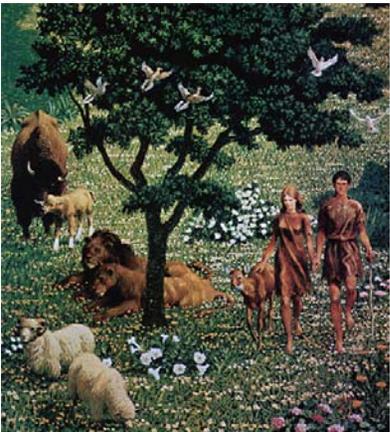
Moses 5:11 (see below) and 2 Nephi 2:22-25 teaches us how Adam & Eve felt about their transgression and also the importance to us that they fell.

## Scripture

And Eve, his wife, heard all these things and was glad, saying: Were it not for our transgression we never should have had seed, and never should have known good and evil, and the joy of our redemption, and the eternal life which God giveth unto all the obedient.

Moses 5:11

God told Adam and Eve they must leave the Garden of Eden. They could not live there anymore. Adam and Eve left the Garden of Eden.



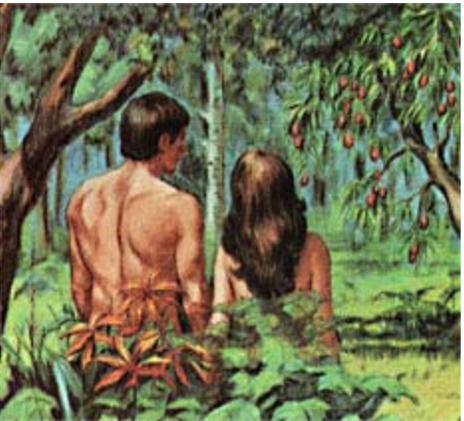
Adam and Eve worked hard to get food. They grew older. They knew they would die someday.



Adam and Eve knew good and evil. They had children. Sometimes they were happy. Sometimes they were sad.



Adam and Eve lived in the Garden of Eden. God and Jesus came and talked to them. There were many trees in the garden. God said Adam and Eve could eat fruit from all the trees but one.



Satan said the fruit was very good. He told Eve it would make her wise. She would know good and evil. Eve chose to eat the fruit.



Eve told Adam she had eaten the fruit. She would have to leave the garden. She gave Adam some of the fruit. Adam ate it.

