



**Gospel Art Picture Kit # 603  
Blessing the Sacrament**

The sacrament is blessed by those having priesthood authority. A priest or elder breaks the bread into pieces and then blesses it. The sacrament is then passed to the congregation by a deacon or other priesthood holder. Then the water is blessed and passed. Jesus revealed the exact words to be used for both sacrament prayers. We should listen carefully to the prayers and think of Jesus Christ as we partake of the sacrament.

# Family Home Evening

## Principles of the Gospel

### LESSON 23

# The Sacrament

- Opening Song: Children's Songbook # 72  
*The Sacrament* (see page 2)
- Invocation (opening prayer)
- Praise Achievement A moment of recognizing achievements and receiving enthusiastic support from each other.
- Scripture Doctrine & Covenants 20: 77, 79  
(not included in Booklet)
- Lesson Summarize Lesson 23 from the *Gospel Principles* manual
- Picture Gospel Art Picture Kit 603 & 604  
(see page 4)
- Activity Following the Example of Jesus  
(see page 3)
- Memorize John 6:54 (see page 2)  
(for older children & adults)
- Closing Song Children's Songbook #72  
*The Sacrament* (see page 2)
- Benediction (closing prayer)
- Refreshments Patriotic Strawberries (see page 3)

**Gospel Art Picture Kit # 604  
Passing the Sacrament**

As members of The Church of Jesus Christ of Latter-day Saints, we can partake of the sacrament each week. During the sacrament we partake of bread and water. We do this to remember the flesh and blood Jesus Christ offered as a sacrifice for us. Each time we take the sacrament, we renew the covenants, or promises, we made with the Lord when we were baptized. We promise to always remember the Savior, to take His name upon us, and to keep His commandments. The Lord promises that we will always have His Spirit to be with us and that we can live again with Him.



**Nellis Manor Ward, North Las Vegas Nevada Stake**

Get other lessons from Family Home Evening: Principles of the Gospel series online at [www.SonsOfMoses.net](http://www.SonsOfMoses.net)

# The Sacrament

Thoughtfully ♩ = 84-92

## Memorize

Who so eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day.

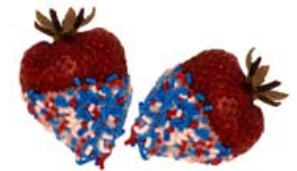
John 6:54

# Patriotic Strawberries

## Directions:

Wash strawberries and pat dry. Melt chips and shortening in microwave on medium power, stirring every 30 seconds, until melted and creamy.

Take turns dipping strawberries in white chocolate mixture. Then roll in candy sprinkles. Place on wax paper and place in refrigerator until white chocolate cools and hardens.



(ldsfamilyfun.com/)

Prep Time: 5 minutes  
Cool Time: 10 minutes

## Ingredients:

1 quart large, firm strawberries  
1 (10 oz.) bag white chocolate chips  
1 tsp. shortening  
(not butter flavored)  
Red, white, and blue sprinkles

# Activity

## Following the Example of Jesus

Play the following action memory game with your family. Have everyone stand up. Explain that you will do several actions such as clapping, shaking your head, touching your elbow, and so on. The children must watch carefully. They are to repeat your actions in the same order. Begin with only one action, and add an action each time. Challenge them to see how many actions they can follow. Encourage them to help each other too. Praise them for watching, remembering, and following so carefully. Liken this to remembering Jesus and following his example.

(Beth Lefgren and Jennifer Jackson, Sharing Time, Family Time, Anytime: Book Two, [Salt Lake City: Bookcraft, 1994], p.80.)  
([http://deseretbook.com/mormon-life/curric/story?story\\_id=3359](http://deseretbook.com/mormon-life/curric/story?story_id=3359))